

FAMILY BIRTHING UNIT

SURREY MEMORIAL HOSPITAL

13750 96 AVE, SURREY BC



About Us

Virtual Hospital Tour

LEVEL 3 MATERNITY CARE

We are a tertiary maternal care centre that provides services to admitted expectant mothers managing low- to high-risk birth. This includes antepartum, induction of labour, labour and delivery, and postpartum care.

REGISTRATION

At about 14 weeks, register online with the Best Beginnings public health program. Google "Best Beginnings, Fraser Health register". You do not need to come to the hospital to register.

TRIAGE VISIT

- Come directly to the maternity unit.
- A nurse will assess you, listen to your baby, check your vital signs, and do a vaginal exam. You may be admitted, discharged, or transferred based on your assessment and progression of labour.

FOOD OPTIONS

- Before you are ready to be admitted to the unit during your early labour, you are welcome to walk around in the hospital and visit cafes in the hospital.
 - **Second Cup** - located on the main floor of Critical Care Tower lobby
 - Hours: Monday-Friday 0630AM - 11PM (Sunday: Closed at 9PM)
 - **Cafeteria** - located in the East building
 - Hours: Monday-Friday 8AM - 5PM | Weekends/Stats: 9AM - 1PM
 - **Tim Horton's** - located right beside the cafeteria
 - Hours: Monday-Friday 06:30AM - 06:30PM | Sat/Sun: Closed
- *Hours of operation are subject to change*

ROOMS

- Single rooms with one double room on the unit.
- You and your baby will stay in the same room you delivered until you are discharged home.

SAFETY

- Both mom and baby will receive matching ID bracelets after delivery.
- Never leave your baby unintended.

LENGTH OF STAY

- Vaginal birth: ~24 hours
- C-Section birth: 36-48 hours
- The length of stay will depend on the health of you and your baby



English



Punjabi



Mandarin

How to get to Family Birthing Unit

13750 96 AVE, SURREY BC

T: 604-585-5572

Hours of Operation: 24 hours a day, 7 days a week

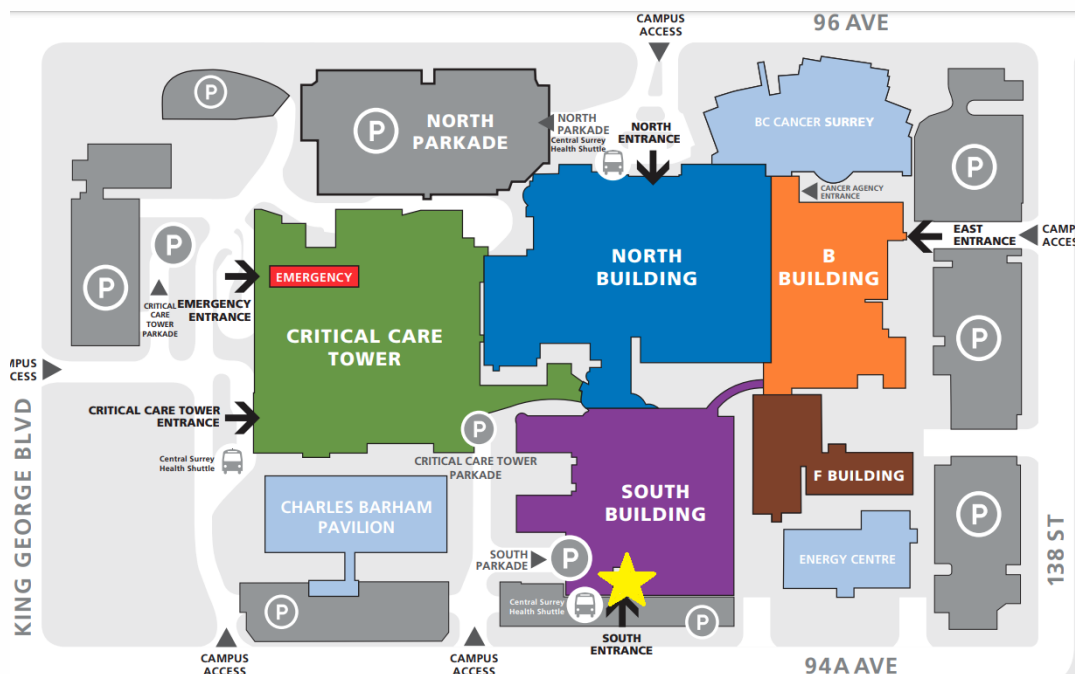
Getting Here: Enter "South Parkade" and take the elevators to Level 2. When arriving outside of FBU, press the buzzer, and you will be granted access.

After Hours Access: P2 gates will be locked from 10PM - 6AM.

If parking on P1, walk to the door, buzz, and security will grant access to the elevators from parkade. Next, see "Getting Here" instructions above.

Please Note:

- The door to Family Birthing Unit is locked 24 hours a day, seven days a week
- Buzz our front desk by using the button outside the unit entrance.
- You will speak to the unit clerks and a registered nurse upon arrival.



GOING HOME

- Know how to use your car seat before coming to the hospital. Your partner or family should bring the infant car seat to the unit when you are ready for discharge.
- Visit your doctor or midwife within 7 days after going home.
- A public health nurse will call you 24-48 hours after discharge.



Car Seat Safety

MORE INFORMATION

- Partners are encouraged to stay anytime. Bring your own sleeping bag, pillow, towels, and meals.
- During the COVID pandemic, only two (2) dedicated support persons are allowed. Support persons should not come if they have flu-like symptoms, colds, or other communicable diseases (i.e., chickenpox).
- It is important that mom and baby get enough rest to recover.
- Designate a friend or family member to keep others informed of your progress. This will allow you to rest and recover.